

## **Trainee Newsletter**



# NIHR study extension approved!

Volume 2 August 2023

Dear Sunflower colleagues,

We are delighted to announce NIHR have approved an extension for *The Sunflower Study*, with recruitment planned to continue until May 2024 and a new patient recruitment target number of 7457. This means we have approximately 1500 patients left to recruit and our efforts can continue full steam ahead!

Trainees provide the back bone of recruitment to the study and we would like to take this opportunity to say thank you for your commitment to date and for re-galvanising study engagement within your trust.

Remember the *Trainee Executive Group* and your regional representatives are on hand for any queries, or questions related to the study. Happy recruiting!

The Sunflower TEG

#### **The Investigators Meeting 2023**

The 5<sup>th</sup> annual *Investigators Meeting* took place in May, with 84 representatives attending from 28 study sites. It was a fantastic day where various members of the MDT were able to share ideas about how best to optimize recruitment and discuss their top tips and tricks. It was also a lovely opportunity for the regional representatives to meet their local sites' teams and one another!



#### **TOP RECRUITERS**

Our top recruiters over the last 6 months:

- 1. Nottingham
- 2. Leeds
- 3. Worcester



Congratulations to all the teams and keep up the great work!

### The Associate Principal Investigator (API) Scheme

The Sunflower Study is the UK's largest RCT and is proudly affiliated with the NIHR API scheme. The API role provides leadership opportunities, good



clinical practice training and insights into research methodology, all of which contribute to the all important CCT requirements!

Each site can have 3 APIs -2 x surgical and 1 x radiology. Since the start of the study, 140 junior doctors have enrolled in the API scheme - could you be the next API at your site?

#### Junior doctor resources available online

The *trainee section* on *The Sunflower Study* website has lots of valuable information for sites to utilise. Check out the *TEG's Top Recruitment Tips*, as well as our *Junior Doctor Induction ppx* which can be presented to each new rotation of doctors.

For regular study updates, be sure to follow us on social media

@SunflowerStudy

#TheSunflowerStudy