

The Sunflower Study: Trainees Involvement



Presented by:

Ms Hannah Byrne & Ms Lucy Scott: *The Sunflower Study National Trainee Representatives*

Mr Cho Ee NG: *The Sunflower Study Trainee Executive Group Member*

Sunflower Trainee Executive Group (TEG)

Lucy Huppler



George Fowler



Cho Ee NG



Hannah Byrne



Lucy Scott





No. 1 Recruitment Site

CERTIFICATE OF ACHIEVEMENT

THIS IS TO CERTIFY THE

ST JAMES'S UNIVERSITY HOSPITAL TEAM

Were the **TOP RECRUITMENT SITE** for

The Sunflower Study in February 2023!

MS HANNAH BYRNE
Honorary Trainee Representative

MS LUCY SCOTT
Honorary Trainee Representative

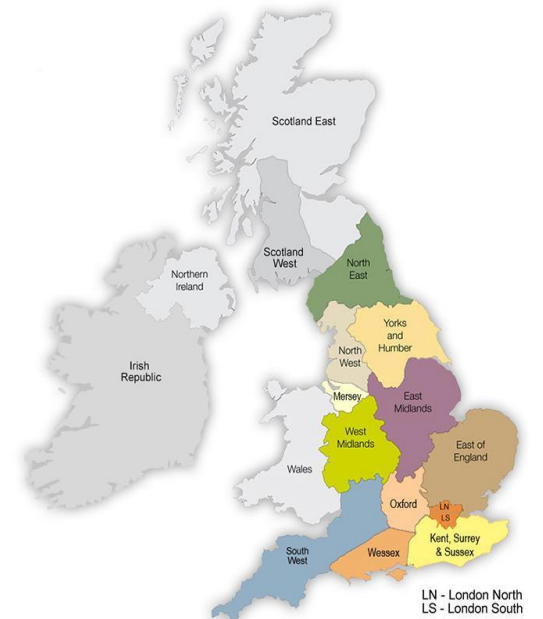
The Sunflower Study




Through The Keyhole

Professor Toogood

02:52 | 32:00



The Sunflower Study

@SunflowerStudy

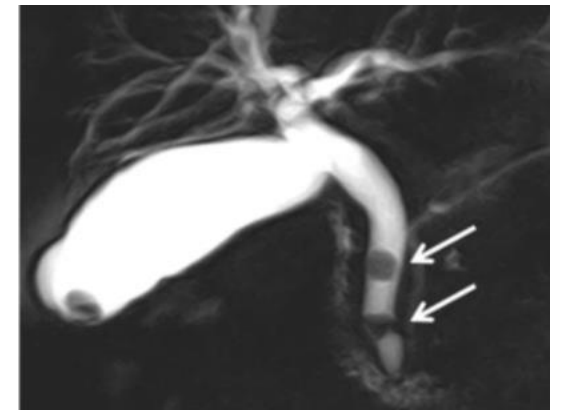
UK-wide RCT looking to determine whether testing for CBD stones before gallbladder surgery is effective or not in patients at low or moderate risk of CBD stones

The Sunflower Study @SunflowerStudy · Dec 16, 2022

👉 8) Could you review waiting lists for laparoscopic cholecystectomies? It's not too late to recruit these patients to the study!
#TheSunflowerStudy #12DaysOfChristmas



6 new sites setting up
4 interested new sites



Sunflower Study Regional Representatives

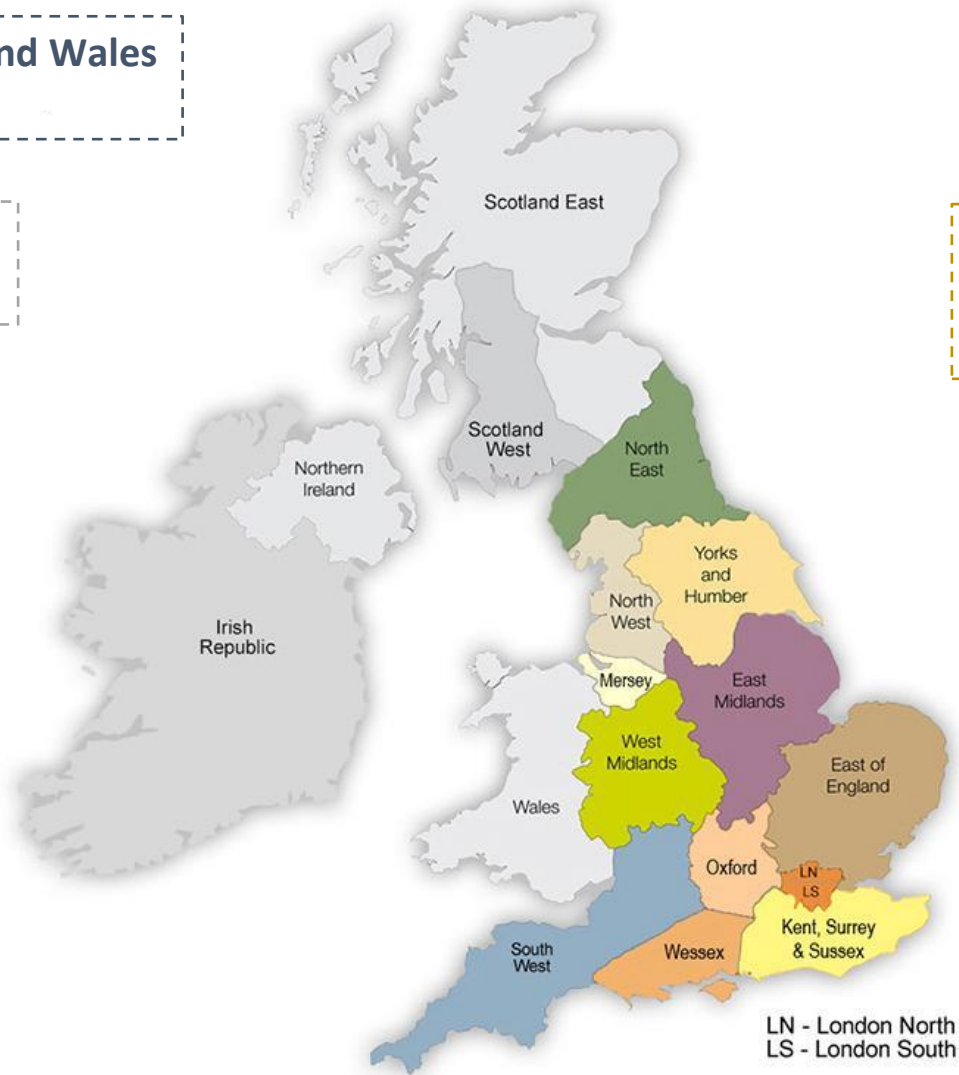
Scotland, N Ireland and Wales
Anna Bleakley

North-West
Lauren Holt

Midlands
Salem Noor Mohamed
Noshin Saiyara
Ahmed Elmaradny

Severn
Lucy Huppler
George Fowler

Wessex & Peninsula
Bhavik Patel
Despoina Chatzopoulou



North-East and Cumbria
Cho Ee NG

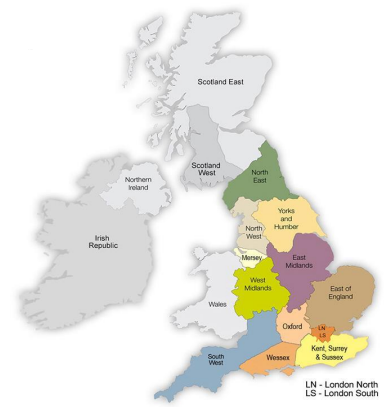
Yorkshire & the Humber
Sophie Rozwadawski
Femi Wuraola

Thames Valley and East
Georgios Karagiannidis

London
Samerah Saeed

Kent, Surrey and Sussex
Vacant

Northern Regional Representatives



Scotland, N Ireland and Wales

Anna Bleakley

Forth Valley
Princess of Wales
Royal Gwent
Belfast

North-East and Cumbria

Cho Ee NG

County Durham & Darlington
Stockton
QE Gateshead
Northumbria
Sunderland
Newcastle

North-West

Lauren Holt

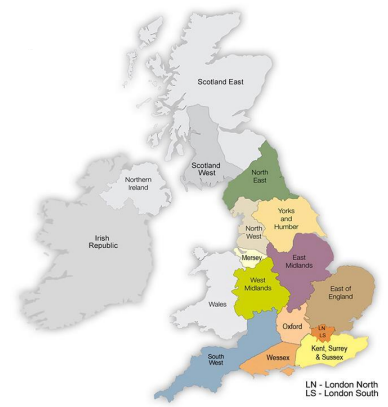
Bolton
Blackburn
Morecombe Bay
Wrightington, Wigan and Leigh
Chester
Tameside

Yorkshire & the Humber

Sophie Rozwadawski
Femi Wuraola

Leeds
York & Scarborough
Bradford
Sheffield
Doncaster

Southern Regional Representatives



Midlands

Salem Noor Mohamed
Noshin Saiyara
Ahmed Elmaradny

Nottingham
Worcester
Northampton
Derby
Birmingham
Kings Mill

Severn

Lucy Huppler
George Fowler

Taunton
Gloucester
Swindon
Southmead
Weston General
UH Bristol

London

Samerah Saeed

Royal Free
St George's
Whittington
St Thomas'
Imperial

Thames Valley and East

Georgios Karagiannidis

Milton Keynes
Southend
Basildon & Thurrock
Buckinghamshire

Wessex & Peninsula

Bhavik Patel
Despoina Chatzopoulou

Bournemouth
Isle of Wight
Northern Devon
Royal Devon and Exeter
Plymouth

Kent, Surrey and Sussex

Vacant

William Harvey
Worthing
Surrey & Sussex



No. of patients recruited

TOP RECRUITMENT SITES

November	December	January	February	March	April
Worcester	Gloucester	Leeds	Leeds	Nottingham	Nottingham
20	12	16	20	51	20



MOST IMPROVED RECRUITMENT SITES

November	December	January	February	March	April
Swindon	Gloucester	Northern Devon	Northumbria	Nottingham	Leeds

3 words to describe the benefits of having trainee involvement during the SUNFLOWER



What are some barriers to recruiting to the SUNFLOWER study?

Below are the answers generated in the live poll at the meeting:

MRCP time
Perception engagement
Staffing
Pressure
Language (non-english speakers)
Non-incentivised
Patients unable to be contacted via telephone
Workload
Understanding
Mrcp
Time
time
Time
Time
Brain space
competing trials
Clinician buy in
Lack of engagement No API No Support
Clinicians engagement
Understaffed
Time
Time
Time
Engagement
Workload



Sites' feedback:

2. #12DaysOfChristmas



op

13



The Sunflower Study @SunflowerStudy · Dec 6, 2022

🎄 1) Junior doctors rotate jobs tomorrow! Let them know about the @SunflowerStudy at their inductions
Our website has great resources to use! 📄📄
sunflowerstudy.blogs.bristol.ac.uk
[#TheSunflowerStudy](#) [#12DaysOfChristmas](#)

The Sunflower Study @SunflowerStudy · Dec 7, 2022

👤 2) Have you got posters for the study in your clinics, admission areas and wards? These act as a great daily reminder! [#TheSunflowerStudy](#) [#12DaysOfChristmas](#)

The Sunflower Study @SunflowerStudy · Dec 9, 2022

🎄 3) Did you know? The @SunflowerStudy can have two surgical APIs and one radiology API for each site! Visit the NIHR A Seven ne website for more information!
nih.ac.uk/health-and-car...



The Sunflower Study

Sites' feedback:

Therefore, the results from our survey would suggest:

- **Top 3 recruiters** (Dec to March) who responded to the survey, reported to **use an average of 6 tips** - these sites were recruiting an **average of 10 patients/month**.
- **The 3 least active recruiters** (Dec to March) who responded to the survey, reported to **use an average of 2 tips** - these sites were recruiting an average of 1 patient/month.
- Additional tips suggested by you:

- local &
- GI ad
- reach

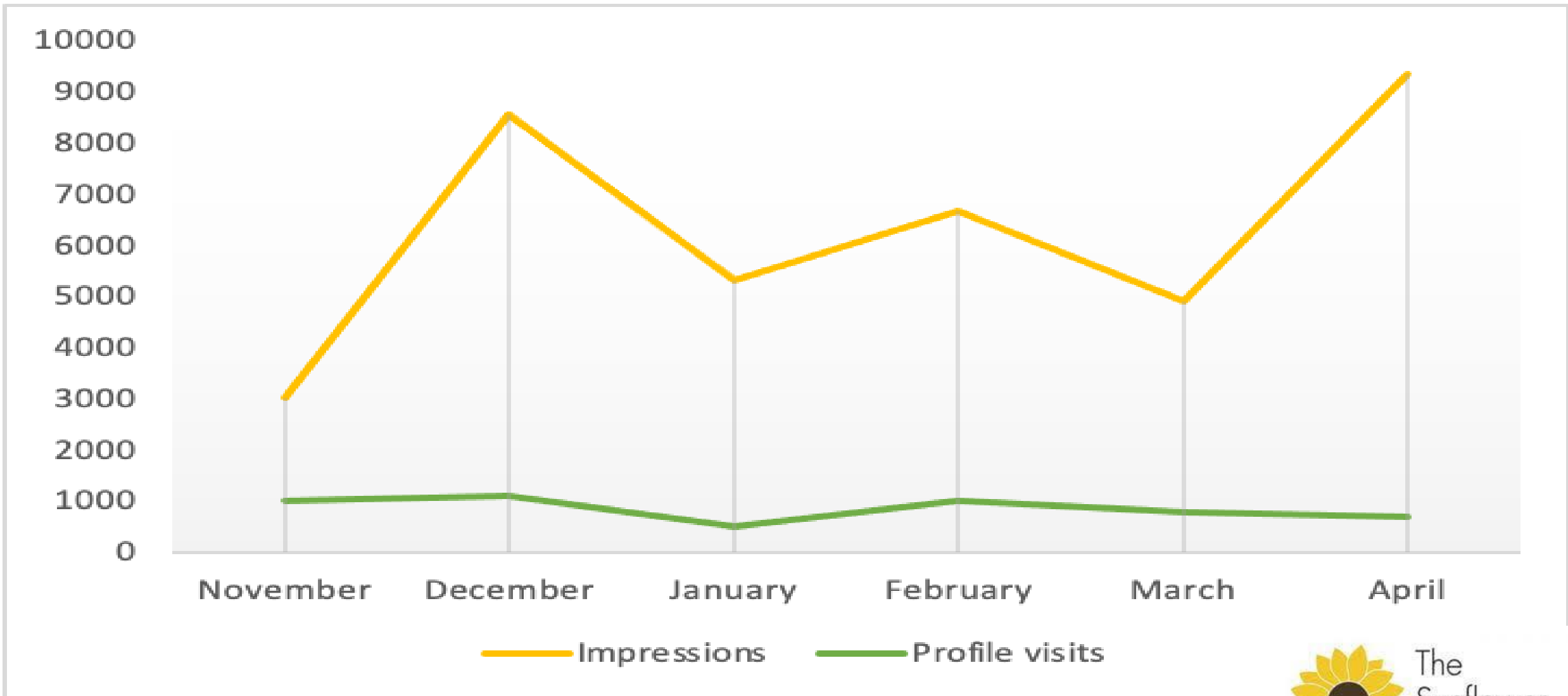


sApp

A list of **top tips for recruitment** and other useful resources can be found on the Sunflower website in the *'Surgical Trainee's'* section.

<https://sunflowerstudy.blogs.bristol.ac.uk/surgical-trainees/>

The role of social media:



Final thoughts:

- **Trainees are indispensable to the Sunflower Study** and we want to get as many involved as possible!
- This study **provides junior doctors with important insights** into the framework of research studies, a hands on approach to patient recruitment and leadership opportunities locally, or regionally.
- **API positions** should be encouraged and trainees should be supported in achieving a **sign off** for this role.
- Please **engage with your recently appointed regional reps**, their role aims to:
 - **support your site's recruitment efforts**
 - **encourage collaboration between sites and arrange opportunities to share recruitment barriers/tips**
 - **encourage friendly competition and ultimately boost patient recruitment!**
- We're looking forward to working with you all and reaching our recruitment target!



**Thank you for listening,
any questions?**

